

# grocery

## FRESH FRUIT

apples  
bananas  
blueberries  
cherries  
grapes  
lemons  
limes  
nectarines  
oranges  
peaches  
pears  
raspberries  
strawberries  
watermelon

## FRESH VEGGIES

avocado  
broccoli  
carrots  
cauliflower  
celery  
cucumbers  
kale  
lettuce  
mushrooms  
peas  
peppers  
potatoes  
spinach  
squash  
tomatoes  
zucchini



## MEAT

bacon  
beef **G S RO RI ST**  
chicken **C B F G TH**  
ground **C B P S**  
pork  
sausage **S M H B P**  
seafood \_\_\_\_\_

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## DAIRY

butter  
cheese  
cheese sticks  
cream cheese  
eggs  
milk  
sour cream  
yogurt

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## CONDIMENTS

dressing  
hot sauce  
jelly  
ketchup  
mayonnaise  
olive oil  
peanut butter  
soy sauce  
steak sauce  
syrup  
taco sauce  
worchister  
sauce  
spaghetti sauce  
vegetable oil  
vinegar

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## DELI

bread  
cheese  
hummus  
lunch meat  
naan  
pita  
tortillas

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## KIDS

applesauce  
dried fruits

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baby shampoo  
diapers  
hair gel  
lotion  
wipes

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## FROZEN

bread  
corn  
mixed veg  
noodles  
pasta  
peas  
potatoes

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## DRY

cereal  
crackers  
granola bars  
oatmeal  
pasta

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## TOILETRIES

bodywash  
conditioner  
contact solution  
deodorant  
face wash  
floss  
lotion  
mouthwash  
shampoo  
toothpaste

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## SUPPLIES

all purpose cleaner  
dusting  
garbage bags  
napkins  
paper towels  
razors  
straws  
toilet bowl cleaner  
toilet paper  
ziplocs  
utensils

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## DON'T FORGET:

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